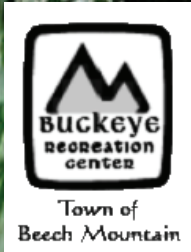


Contact Information:  
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 dscagnelli@townofbeechmountain.com  
 Website:

# Beech Mountain Events September 2010

Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday

## Hours of Operation



Facility:

Monday-Saturday  
8:30am-8:30pm

Sunday  
12:00pm-6:00pm

Fitness Room  
Open  
24 Hours to all  
pass holders!

|  |  |  |   |   |  |  |
|--|--|--|---|---|--|--|
|  |  |  | 1<br>Zumba 9:00 am<br>Pilates 5:00 pm<br>Spin 6:30 pm<br>387-3003   | 2<br>Recreation Committee Meeting 9:00 am 387-3003<br><br>Yoga 10:00 am<br>Total Conditioning 5:30 pm | 3<br>Boot Camp 8:00 am<br>Zumba 9:00 am<br>Tour de Beech 10:00 am<br>Pick Up Sports League 5:30  | 4<br>Spin 9:00 am 387-3003<br>Pilates 10:00 am 387-3003<br><br>Kite Street Dance<br>7:00 pm @ Town Hall<br>387-9283  |
| 5<br>8th Annual Mile High Kite Festival<br>387-9283<br><br>Beech Alpen Concert On The Corner<br>387-2252 | 6<br>Tree Board Meeting 10:00 am 387-4236<br>Zumba 9:00 am<br>Spin & Sculpt 5:30 pm<br><br>Group Hike Emerald Outback 9:00 am<br>Meet at Fred's 397-3003 | 7<br>Planning Board 9:00 am 387-4236<br>Board of Adjustment 6:00 pm 387-4236<br><br>Group Hike Westbowl & Chestnut Falls 387-3003<br><br>Yoga 10:00 am<br>Bost Blast 5:30 pm | 8<br>Chamber Meeting 9:30 am 387-9283<br><br>Zumba 9:00 am<br>Pilates 5:00 pm<br>Spin 6:30 pm<br>387-3003 | 9<br><br>Yoga 10:00 am<br>Total Conditioning 5:30 p.m. 387-3003                                       | 10<br>Boot Camp 8:00 am<br>Zumba 9:00 am<br>Tour de Beech 10:00 am<br>Pick Up Sports League 5:30   | 11<br>Spin 9:00 am<br>Pilates 10:00 am<br>387-3003<br><br>Hayride<br>3:00 pm 387-9283  |
| 12   | 13<br>Zumba 9:00 am<br>Spin & Sculpt 5:30<br>387-3003  | 14<br>Town Council Meeting 6:00 pm<br>387-4236<br><br>Board of Adjustment 6:00 pm 387-4236<br><br>Yoga 10:00 am<br>Bost Blast 5:30 pm  | 15<br>Zumba 9:00 am<br>Pilates 5:30 pm<br>Spin 6:30 pm<br>387-3003  | 16<br>Yoga 10:00 am<br>Total Conditioning 5:30 p.m. 387-3003  | 17<br>Boot Camp 8:00 am<br>Zumba 9:00 am<br>Tour de Beech 10:00 am<br>Pick Up Sports League 5:30<br>Nutrition Night 6:00<br><i>Reservations Required</i><br>387-3003 | 18<br>Spin 9:00 am 387-3003<br>Pilates 10:00 am 387-3003<br>Hayride 387-9283<br>3:00 pm<br><br>Bike Ride Around the Mountain 22 miles<br>10:30 am in the Town Hall<br>Parking Lot 387-3003 |
| 19<br><br>Murder Mystery Dinner 6:00 pm @<br>Rec. Center 387-3003<br><i>Reservations Required</i>        | 20<br>Zumba 9:00 am<br>Spin & Sculpt 5:30<br>387-3003  | 21<br>Group Hike Upper & Lower Pond Creek Trail 9:00 am<br>387-3003<br><br>Board of Adjustment 6:00 pm 387-4236<br><br>Yoga 10:00 am<br>Bost Blast 5:30 pm                   | 22<br>Zumba 9:00 am<br>Pilates 5:30 pm<br>Spin 6:30 pm<br>387-3003  | 23<br>Yoga 10:00 am<br>Total Conditioning 5:30 p.m. 387-3003  | 24<br>Boot Camp 8:00 am<br>Zumba 9:00 am<br>Tour de Beech 10:00 am<br>Pick Up Sports League 5:30   | 25<br>Spin 9:00 am 387-3003<br>Pilates 10:00 am 387-3003<br><br>Hayride 387-9283<br>3:00 pm  |
| 26   | 27<br>Zumba 9:00 am<br>Spin & Sculpt 5:30<br>387-3003  | 28<br>Yoga 10:00 am<br>Bost Blast 5:30 pm  | 29<br>TDA 9:30 387-4236<br><br>Zumba 9:00 am<br>Pilates 5:30 pm<br>Spin 6:30 pm<br>387-3003               | 30<br>Yoga 10:00 am<br>Total Conditioning 5:30 pm 387-3003  | www.hikebeechmountain.com<br>www.bikebeechmountain.com<br>www.beechmntn.com<br>www.townofbeechmountain.com   |  |